

Culbertson Lions Invitational  
Junior High/Elementary Track Meet  
April 22, 2024

**This will be a sticker meet. Sticker are needed for all running events and for the #4 runner in relays.**

**GENERAL RULES**

1. Schools are limited to 5 entries per school in each event. Athletes are limited to 5 events per participant.
2. Culbertson will provide all workers so coaches can supervise kids.
3. Please wear 1/8 pyramid spikes on jumping surfaces (we have rubberized high jump and jumping runways). Track is cinder, competitors can wear larger spikes if desired.
4. There will be 3 jumps and 3 throws in the appropriate events. **No triple jump.**
5. High Jump starting heights will be: El. Girls- 3'0", El. Boys- 3'4", JH Girls 3'4", JH Boys 3'10"
6. All running events will be finals against time.
7. All throws and jumps must be completed during the time frame or you will be scratched.
8. Awards – The top 6 placers will receive ribbons.
9. There will be concessions available.
10. Implements used only in their respective areas.
11. Please note the Divisions:  
    Ele girls grades 5-6  
    Ele boys grades 5-6  
    JH girls grades 7-8  
    JH boys grades 7-8

If you have questions please contact David Solem at 787-6241 or 480-9443  
Email: solemd@culbertson.k12.mt.us

# Culbertson Lions Invitational Junior High/Elementary Track Meet April 22, 2024

## Schedule of events

### Throws and Jumps

2:00 pm      7-8 Boys Long Jump  
                 7-8 Girls High Jump  
                 5-6 Boys Discus  
                 5-6 Girls Shot Put

3:00            7-8 Boys Long Discus  
                 7-8 Girls Shot Put  
                 5-6 Boys Long Jump  
                 5-6 Girls High Jump

4:00            7-8 Boys High Jump  
                 7-8 Girls Long Jump  
                 5-6 Boys Shot Put  
                 5-6 Girls Discus

5:00            7-8 Boys Shot Put  
                 7-8 Girls Discus  
                 5-6 Boys High Jump  
                 5-6 Girls Long Jump

### Running Events Order: Ele girls, Ele boys, JH girls, JH boys

2:30      100 meter hurdles  
            100 meters  
            1600 meters 5&6 combined boys and girls 7&8 combined boys and girls  
            400 meters  
            400 meter relay  
            50 meters: 5-6 only  
            800 meters  
            200 meters  
            800 meter medley relay (100-100-200-400)